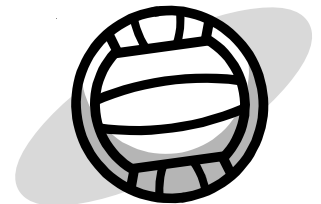
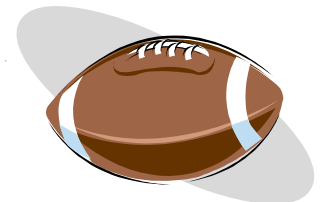




City of Gaithersburg  
Department of Parks, Recreation and Culture  
301-258-6350



# Fall 2007 Youth and Teen Sports



**Deadline: Thursday, Sept. 6, 2007**



Check out our City Sports Page at [www.gaithersburgmd.gov/sports](http://www.gaithersburgmd.gov/sports)

# YOUTH SOCCER

(Grades 1-6)

- ◆ Two leagues: one for boys and one for girls.
- ◆ Games will be played on Saturdays.
- ◆ One practice per week (day, time and place determined by the coach at the coaches meeting).
- ◆ Practices are held at local parks, and will be scheduled for after 5 p.m.
- ◆ The season will begin on Saturday, Sept. 15 with a team practice.
- ◆ Coaches will contact players after Sept. 11 regarding practice times for Sept. 15.
- ◆ Coaches meeting will be held on Tues., Sept. 11 at the Activity Center at Bohrer Park.  
**6:30 p.m.** Returning coaches  
**7:30 p.m.** New coaches

## Activity #s:

Girls-		Boys-	
1/2 Grade	# 22614	1/2 Grade	# 22611
3/4 Grade	# 22615	3/4 Grade	# 22612
5/6 Grade	# 22616	5/6 Grade	# 22613



**All participants must wear shinguards!**

## DIVISION INFORMATION:

**Grades 1/2** - An introduction to the game of soccer using "modified" FIFA rules. Each team will consist of nine players on the field at a time. Emphasis will be on fundamentals, team play and sportsmanship.

**Grades 3/4** - Continued work on the fundamentals of soccer including: dribbling, passing and shooting. Teams will field 11 players at a time and use modified FIFA Rules.

**Grades 5/6** - Continued development of basic soccer skills. Emphasis will be on team play and sportsmanship. Teams will consist of 11 players and use modified FIFA Rules.

## Game locations

Grades 1/2 Lakelands Park  
 Grades 3/4 Diamond and Robertson Park  
 Grades 5/6 Robertson Park and Diamond



# NEW FLAG FOOTBALL

## (Grades 1-2)

- ◆ NEW league- grades 1/2
- ◆ Modified version of flag football
- ◆ Games will be played on Saturdays at Lakelands Park Aux. field
- ◆ First practice Sept. 15
- ◆ Free clinic on Sept. 8, 9 a.m. at Morris Park

## (Grades 3-6)

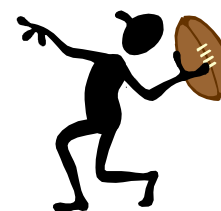
- ◆ Two leagues- grades 3/4 and 5/6
- ◆ Games will be played on Saturdays at Morris Field.
- ◆ One practice per week (day, time and place to be determined by the coach at the coaches meeting.)
- ◆ Learn fundamentals in a non-contact environment.
- ◆ Parent information/player clinic: Saturday, Sept. 8 at Morris Park.

Gr. 3 & 4 10 - 11 a.m.  
 Gr. 5 & 6 11 a.m. - Noon

- ◆ Coaches meeting will be on Tues., Sept. 11 at **6:30 p.m.** at the Activity Center at Bohrer Park, Summit Hall.
- ◆ First practice is Sat., Sept. 15, 2007

## Activity #s:

Coed grades 1 /2 Activity # 22712  
 Coed grades 3 /4 Activity # 22709  
 Coed grades 5 /6 Activity # 22710



## Free Football Clinic Saturday, Sept. 8

### Morris Park

**Grades 1 - 2** 9 -10 a.m.  
**Grades 3 - 4** 10 -11 a.m.  
**Grades 5 - 6** 11 -Noon

# NEW YOUTH VOLLEYBALL

- ◆ Games on Sundays, Noon - 5 p.m.
- ◆ One practice per week (day, time and place determined by the coach at the coaches meeting).
- ◆ Instructional league to teach fundamental skills.
- ◆ All games and practices to be held at the Activity Center at Bohrer Park.
- ◆ Coaches meeting will be held on Monday, Sept. 10 at 6:30 p.m. at the Activity Center at Bohrer Park, Summit Hall .
- ◆ First practice is Sun., Sept. 16, 2007

## Activity

Boys #22160  
 Girls #22161



# START SMART

*Two Sports Development Programs:*

Football: Six-week program starts Sept. 12

Soccer: Six-week program starts Oct. 24



**WHO:** Children 4 - 5 years AND their parents!  
**WHAT:** A sports program aimed at the youngest players and their parents.

**WHERE:** Activity Center at Bohrer Park

**WHEN:** Wednesday's:  
Football Program starts 9/12  
Soccer Program starts 10/24



**TIME:** 4:30 - 5:30 p.m.

**WHY:**

- ◆ Prepares children (ages 4 - 5) for organized sports without the threat of competition or the fear of getting hurt
- ◆ Focuses on a variety of general skills involved in football and soccer.
- ◆ Gives parents and children the opportunity to work and spend quality time together.
- ◆ Teaches children motor skills that gradually build confidence, while children have FUN at the same time.
- ◆ Part of a national program that has a history of success across the country since 1998.
- ◆ Researched and developed by the National Alliance for Youth Sports <sup>TM</sup>.



**ACTIVITY #:** #21969 Football starts 9/13      #21970 Soccer starts 10/25

**FEES #:** Resident - \$40    Nonresident - \$55

## National Youth Sports Coaches Association COACHES CERTIFICATION CLINIC

### Sunday, Sept. 9

**Activity Center at Bohrer Park,  
Summit Hall Farm  
506 S. Frederick Ave.**

1 p.m. : *NYSCA Introduction to coaching*  
2:15 p.m. : *Sport specific video*  
*(soccer, football and volleyball & softball)*

# GIRLS MACHINE PITCH SOFTBALL GRADES 4 & 5

- ◆ Teaching of fundamentals and basic game strategies.  
Uses pitching machine to increase batting skills.
- ◆ Games played at Lakelands Park on Saturdays.
- ◆ Season starts the week of Sept. 10
- ◆ Cost per player: \$40 City Resident \$55 Nonresident

Activity # 22722  
Grades 4 & 5

# COED TEEN VOLLEYBALL CLINIC

- ◆ Seven week instructional clinic.
- ◆ Clinic provides participants an opportunity to learn and improve their overall volleyball skills.
- ◆ Passing, setting, hitting and serving will be taught through drills. Emphasis will be placed on basic technique.
- ◆ Clinic will be held on Mondays, 6 - 8 p.m.
- ◆ Clinic begins on Sept. 17 - Oct. 29
- ◆ Clinic will be held at the  
Activity Center at Bohrer Park.

Activity #22167  
Coed grades 6 - 8

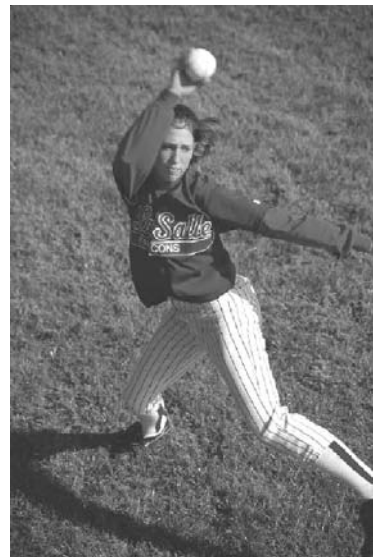
**Limited to the first 24 registrants!**



# FAST PITCH SOFTBALL GRADES 6 - 8

- ◆ Games played at Lakelands Park on Saturdays.
- ◆ Established teams are encouraged. Every effort will be made to place individuals together from the same school.
- ◆ Season starts the week of Sept. 10
- ◆ One practice per week.
- ◆ Cost per player: \$45 City Resident \$60 Nonresident
- ◆ If we don't get enough teams, we may combine with GAC and OBGC.
- ◆ Registration deadline: Friday, Aug. 31

Activity #22617  
Grades 6 - 8



# TEEN FLAG FOOTBALL

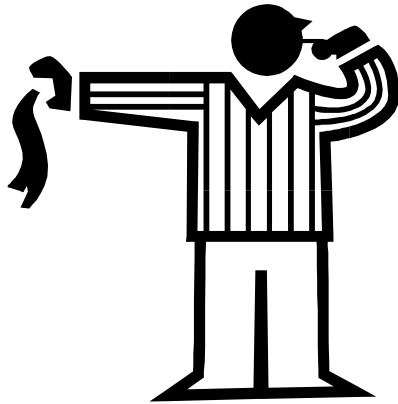
**Coed grades 7 - 8**



- ◆ Games at Morris Park, Saturday afternoons.
- ◆ Modified NFL Flag Rules
- ◆ Play starts Sept. 15 with a team practice.
- ◆ Non-contact rules
- ◆ One practice per week, 9-week league.
- ◆ Coaches meeting on Tuesday, Sept. 11 at 8 p.m. at the Activity Center at Bohrer Park.
- ◆ Call 301-258-6350 for more information.

Activity # 22711  
Coed Grades 7-8

# OFFICIALS WANTED!



**Do you love your sport?**

**Can you teach the rules and procedures?**

**Can you keep your cool in tense situations?**

**Do you want to give back to the sport you have enjoyed?**

**Do you want to make some extra \$\$?**

Officials are an integral part of our programs. If you would like to share the enjoyment of sport with kids while making some money, then join our team!

Please call the City of Gaithersburg at 301-258-6350 and ask for Pam, Siobhan, Monique or Dave.

## *Parents did you know?*

32 % of youth surveyed have never participated in organized youth sports.

43% say they stop playing sports because they say they aren't having fun.

63% would rather play most of the time on a losing team than sit on the bench of a winning team!

**Harris Interactive Surveys of Youth**

***It's time to:***



The City of Gaithersburg is joining forces with the National Recreation and Park Association to offer programs that provide our citizens with "Healthy Lifestyles, Livable Communities.. It Starts in Parks." It starts with you!

The Sports Team for the City of Gaithersburg provides a variety of sport and health programs for the adults and youth in our communities. Go to our website to see the programs available for you and your family.

[www.gaithersburgmd.gov](http://www.gaithersburgmd.gov)

## **Attention parents**

### **COACHES ARE NEEDED FOR OUR TEAMS!**

We need parent volunteers in order to conduct a successful program. All of our coaches are certified through the National Youth Sports Coaches Association. The City conducts criminal background checks through state and federal agencies. Teams practice one night a week and play one game a week. If you like working with youth and have the time, please call 301-258-6350 and ask to speak to someone in the Sports Department.

## **Mission Statement**

The City of Gaithersburg Department of Parks, Recreation and Culture's Sports Program is committed to the provision of a variety of activities that encourage and support lifetime skills, personal interest and competition. The foundation of the program is based on the spirit and principles of Character Counts!, family fun and most importantly participation. The scope of the program encourages persons of all ages to partake in leisure time activities.



# REGISTRATION INFORMATION:

## WALK IN:

**Monday - Saturday 8 a.m. - 8 p.m.**

**Sunday 8 a.m. - 5 p.m.**

The Activity Center  
at Bohrer Park,  
Summit Hall Farm  
506 S. Frederick Ave.  
Gaithersburg, MD 20877

## DROP-OFF:

Mailbox available at the  
front of the Activity  
Center, 24 hours a day!

## MAIL IN:

Fall Youth/Teen Sports  
506 S. Frederick Ave.  
Gaithersburg, MD 20877

## FAX:

301-948-8364  
Visa/MC/Discover

**Registration deadline:  
SEPT. 6, 2007**

## REFUND POLICY

*All refund requests must be made in writing and received by the Department of Parks, Recreation and Culture, prior to the first game of the program. All written requests that are made after the first day of the program will be awarded a credit for future use, less a \$10 administrative fee.*

## IMPORTANT NAMES AND NUMBERS:

**David Ludington, Recreation Supervisor -**

301-258-6350 x 113

(Flag football)

**Pam Truxal, Recreation Supervisor -**

301-258-6350 x 121

(Girls soccer, Fast pitch softball)

**Siobhan Halmos, Recreation Supervisor -**

301-258-6350 x 134

(Boys soccer)

**Monique Comstock, Recreation Supervisor -**

301-258-6350 x 117

(Volleyball)

## PHILOSOPHY

*All of these programs are operated with the goal of providing a fun-filled and safe experience for every participant. We attempt to develop fundamental skills, teach and expose players to good sportsmanship, fair play and respect for all participants. A very low-key approach to competition is encouraged.*



**Gaithersburg**  
A CHARACTER COUNTS! CITY

*We ask all parents to be supportive of their child's active participation.*

## FEES:

### YOUTH SPORTS

**Resident Nonresident**

\$40

\$55

## FEES:

### TEEN SPORTS

**Resident Nonresident**

\$45

\$60

**Make checks payable to: "City of Gaithersburg"**

## INTERNET:

Use the new **RecXpress System** to register by internet, 24 hours a day, seven days per week.

**[www.gaithersburgmd.gov/recxpress](http://www.gaithersburgmd.gov/recxpress)**

First time users can create a new account online at **[www.gaithersburgmd.us/recxpress](http://www.gaithersburgmd.us/recxpress)** or by calling 301-258-6350 x 444 to request the forms to obtain your family password and ID (**a minimum of two business days prior to registration.**)

**This needs to be completed before using RecXpress.**



## FALL SPORTS ACTIVITY #'s

- |       |                                      |
|-------|--------------------------------------|
| 21969 | START SMART FOOTBALL PROGRAM         |
| 21970 | START SMART SOCCER                   |
| 22611 | SOCCER Boys Gr. 1/2                  |
| 22612 | SOCCER Boys Gr. 3/4                  |
| 22613 | SOCCER Boys Gr. 5/6                  |
| 22614 | SOCCER Girls Gr. 1/2                 |
| 22615 | SOCCER Girls Gr. 3/4                 |
| 22616 | SOCCER Girls Gr. 5/6                 |
| 22712 | FLAG FOOTBALL Gr. 1/2                |
| 22709 | FLAG FOOTBALL Gr. 3/4                |
| 22710 | FLAG FOOTBALL Gr. 5/6                |
| 22711 | FLAG FOOTBALL Gr. 7/8                |
| 22167 | VOLLEYBALL CLINIC Gr. 6 - 8          |
| 22161 | YOUTH GIRLS VOLLEYBALL Gr. 4/5       |
| 22160 | YOUTH BOYS VOLLEYBALL Gr. 4/5        |
| 22617 | FAST PITCH SOFTBALL Gr. 6 - 8        |
| 22722 | MACHINE PITCH SOFTBALL GIRLS Gr. 4/5 |

## INCLEMENT WEATHER LINE:

**301-330-0050**

- |           |               |
|-----------|---------------|
| ext. 2420 | Soccer        |
| ext. 2421 | Teen Softball |
| ext. 2423 | Flag football |
| ext. 2433 | Volleyball    |



# FALL '07 SPORTS REGISTRATION FORM

## Participant Information

Participant's Last Name

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Participant's First Name

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Sex (M/F)

--

Birthdate

		-			-		
--	--	---	--	--	---	--	--

Grade

--	--

School

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Activity #

--	--	--	--	--

Activity/Class Name

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Fee

\$			.		
----	--	--	---	--	--

E-mail address:

--

Check here if new address/phone since last time registered.

## Parent /Guardian Information

Parent/Guardian Last Name

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Parent/Guardian First Name

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Address

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Apt. #

--	--	--

City

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

State

--	--

Zip Code

--	--	--	--	--	--

Home Phone

			-				-				
--	--	--	---	--	--	--	---	--	--	--	--

Work Phone (Dad)

			-				-					Ext.				
--	--	--	---	--	--	--	---	--	--	--	--	------	--	--	--	--

Work Phone (Mom)

			-				-					Ext.				
--	--	--	---	--	--	--	---	--	--	--	--	------	--	--	--	--

Additional Information/special request:


## Waiver of Liability

I hereby grant permission for my child to attend the activity sponsored by the City of Gaithersburg. I understand that I am responsible for my child's insurance in case of injury. Furthermore I understand that although safety precautions will be observed, the City of Gaithersburg, employees and agents will not be responsible for any personal property lost by my child or for any injury sustained in the program. The participant also consents to the City's use of any photographs taken or video tapes made of the program. I have read and agree to conduct myself in accordance the the City's guidelines at youth sports activities.

Print Parent/Guardian Name

Signature of Parent/Guardian

### **N.Y.S.C.A ( National Youth Sports Coaches Association)**

Is Mom/Dad interested in coaching? YES ☐ NO ☐

Assistant coaching? YES ☐ NO ☐

Please complete form on reverse side.

***NYSCA** - is a certification program to train volunteer coaches on how to work with youth in a sports setting. The City of Gaithersburg offers the NYSCA program to all coaches.*

*The City of Gaithersburg is committed to making reasonable accommodations as required by the Americans with Disabilities Act. Requests must be made prior to the start of the program. Please indicate what accommodations are needed :* \_\_\_\_\_

Amount Paid \$ \_\_\_\_\_ Cash ☐ Check # \_\_\_\_\_  
Discover/Visa/MC# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp.Date \_\_\_\_/\_\_\_\_  
Signature (name on card) \_\_\_\_\_  
Print Name \_\_\_\_\_

### **OFFICE USE ONLY:**

Rec'd: \_\_\_\_\_ Initials \_\_\_\_\_  
W P M F Resident: Y N  
Pr: \_\_\_\_\_ Date \_\_\_\_\_

# CODE OF ETHICS

## To the parents/guardians of our participants:

The City of Gaithersburg welcomes you and your family to our Youth Sports Program. We appreciate your support for without it, our programs would not exist. The philosophy of the City of Gaithersburg's Youth Sports Program is participation over competition. Whereas competition is not an evil, as long as it is emoted with respect. The fun and fulfillment of your child's expectations are our primary objective. In order to facilitate and participate in our goal of a positive experience, we wish that you would keep in mind the following thoughts:

### ◆ To respect the facility that we are guests in:

By not bringing in food or drink into the gym.  
Water bottles are excepted.  
Do not bounce balls in hallways, against walls, ceilings and bulletin boards.  
Do not touch bulletin boards or displays in the school.  
Do not play on school equipment i.e. gymnastic equipment or on school stage areas.

### ◆ To respect the players from both teams:

Cheer for both teams. A good play is a good play.  
Keep cheers positive and not negative.  
Nonviolent encouragement please.

### ◆ To respect all officials, coaches and staff:

It is OK to disagree with an officials call or decision.  
It is NOT OK to berate an official or coach.  
Please temper your emotions with the knowledge that they are doing the best they can. Do not show that disagreement in such a way as to show disrespect to the officials.  
To be on time to all games and practices.  
Be sure to escort children from parking lot to game and practice locations.

### ◆ To respect other fans as they cheer for their team:

Everyone wants their team to win, keep an objective eye on the game.  
Cheer plays made by all players.  
Congratulate players from both teams at end of the game

### ◆ Keep all other children under close supervision at game sites:

Do not allow siblings and friends into other parts of buildings  
Bring things for siblings to do that will not cause a distraction (ex: drawing, coloring or game boy.)

***Have FUN!!! If you do, the kids will follow!***



## Interested in Coaching?

Name \_\_\_\_\_

Address \_\_\_\_\_

City/St/Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_

E-mail address \_\_\_\_\_

**All coaches for the City of Gaithersburg are required to be certified through NYSCA. The City conducts background check on all youth coaches.**

## Goals for Youth Sports

- ◆ Give every child a chance to play.
- ◆ Do not allow competition to limit the opportunity to learn and have fun.
- ◆ To provide an opportunity for adults to exhibit positive role model behavior to our youth.
- ◆ To teach our youth cooperation and teamwork as a way to reach their goals.
- ◆ To encourage the development of respect for your teammates, opponents and officials and specialists.